



## Stockton Center on Successful Aging Partners with Arthritis Foundation

Free Seminar Set for October 30, 2012

### For Immediate Release

Tuesday, October 23, 2012

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Galloway Township, NJ- On Tuesday, October 30, the Arthritis Foundation, New Jersey Chapter, in collaboration with the Stockton Center on Successful Aging (SCOSA) will present "Journey to Health"- a free five hour seminar for people with arthritis and rheumatic disease.

Open to the public, the summit consists of a keynote presentation on "Complementary Therapies, Treating the Whole Person" and break-out sessions with topics ranging from Osteoarthritis vs. Osteoporosis to Joint Replacement, Tai Chi and "Coping with the Pain of Fibromyalgia."

All attendees must pre-register for the event. Registration check-in begins at 9:00, and the program will start at 9:30 am in the Campus Center Theater on Stockton's Galloway Campus (101 Vera King Farris Drive, Galloway, NJ). Attendees may choose from a wide variety of break-out sessions on a number of topics related to living well with arthritis, and will have the opportunity to speak to the doctors and health professionals in a small intimate round-table setting. A light lunch will also be included.

Presenters include orthopedic surgeons Dr. Dickerson and Dr. Fabio R. Orozco from the Rothman Institute. The keynote will be delivered by Dr. Sharon Kolasinski, Chief of Rheumatology at Cooper University Hospital; informational sessions on balance and rehabilitation will be presented by physical therapist Mary Lou Galantino, Professor of Physical Therapy, Stockton School of Health Sciences.

The program is free, but pre-registration is necessary. Please contact Helen Crilley at 732-283-4300 ext. 306 or [HCrilley@arthritis.org](mailto:HCrilley@arthritis.org) to register.

The Stockton Center on Successful Aging promotes education, research, and services to respond to local, regional, and statewide needs related to population aging. The Center's core mission is to encourage older residents to "age successfully" through vital involvements and engagement in their community.

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