



## Stockton Center on Successful Aging Sponsors Free Lecture for Older Adults at Atlantic City Free Public Library

Stress Reduction through Diet and Physical Activity is scheduled for  
Monday, August 8, 2011.

### For Immediate Release

Wednesday, July 27, 2011

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Scheduled events can be found on their website at

[www.stockton.edu/scosa](http://www.stockton.edu/scosa) .