

# Expert to Discuss Memory Regulation in Older Adults at Stockton College March 21

## ***For Immediate Release***

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**Galloway Township, NJ-** The Stockton Center on Successful Aging and the Psychology Club at The Richard Stockton College of New Jersey are sponsoring a free colloquium by memory expert Dr. Ayanna K. Thomas.

The Aging and Memory Colloquium will be held on **Thursday, March 21, 2013** at 3 p.m. in the Campus Center Theater, which is located on the College's main Galloway campus.

Dr. Ayanna Thomas is an assistant professor of psychology at Tufts University, where she established the Cognitive Aging and Memory Lab in 2007. The Colloquium at Stockton will focus on memory regulation in older adults, and Thomas will discuss her research, which examines the human memory and the cues that we rely on when making decisions. With the right instruction, cues and priming, the memory can improve.