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In baseball lingo, the high, inside fastball is known as the brushback, a tactic to inform the batter that he'd better be cautious about digging in.

The higher and tighter inside fastball is call head-hunting, a serious escalation of the fear tactic and infinitely more perilous

One reporter, CNN White House correspondent Jim Acosta, stomped out of a recent briefing in a childish snit because he couldn't get an answer he wanted. He later suggested that reporters protest by marching on Pennsylvania Avenue outside the White House - a truly absurd notion that would play directly into the [resident's hands (A "Trump Unfair To Reporters" poster won't elicit much sympathy.)

Acosta, by his behavior - shouting questions, interrupting the press secretary mid-response, giving speeches and opinions rather than asking questions while playing to the camera - has become the stereotype of the obnoxious, overbearing, insufferable reporter Trump loves to lampoon. Sadly, he's not alone.

Acosta's right to display all those qualities is Constitutionally protected and he successfully hides any self-embarrassment he may feel.

The President is clearly convinced his disdain for the media is paying off handsomely politically and, being his own best advisor, is not about to change his approach.

However, in the long run it's a losing strategy.

He still must deliver for the American people solutions to those issues that matter most to them - the economy, job creation, immigration, government spending, crime and public safety, among others

Running from rally to rally bellowing "fake news" to adoring audiences can only carry him so far.

The media will endure as it always has. It is not about to be cowed into silence or submission in the face of threats or obstacles thrown into its path. The media can play the long game; Trump cannot.

At the same time, reporters such as Acosta must keep their composure, avoid the temptation to respond in kind to the President's taunts, and remember who they serve. Acosta's antics only detract from their mission and make fulfilling it all the more difficult.

Trump will undoubtedly continue to throw brushback pitches and go headhunting. Reporters must remember to duck when necessary but be unafraid to dig in and wait for a pitch to hit.

Trump will become arm weary for certain and overstay his time on the mound.