

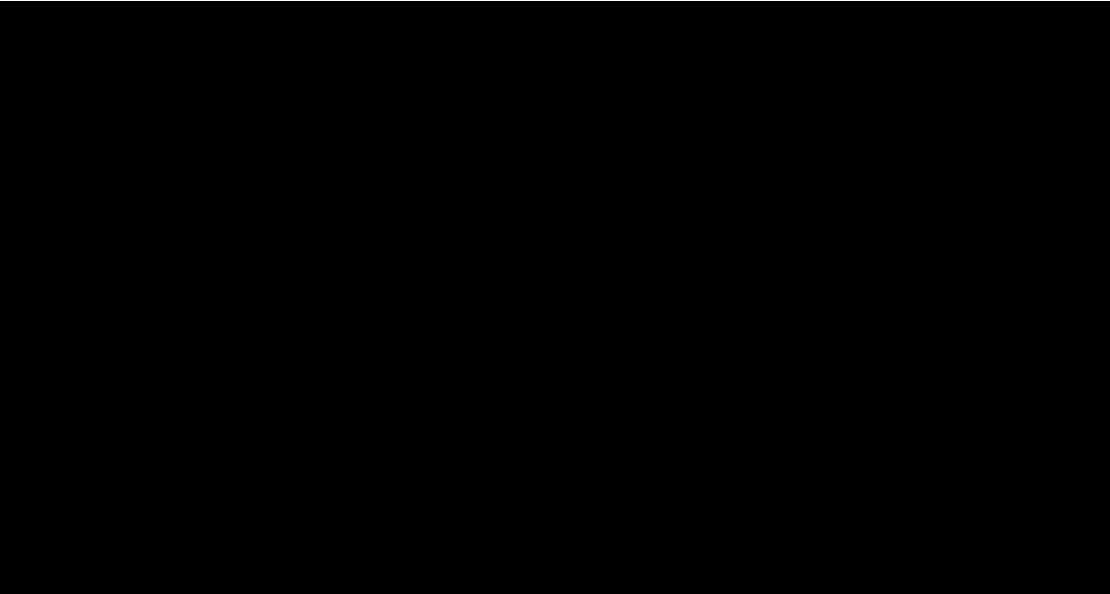
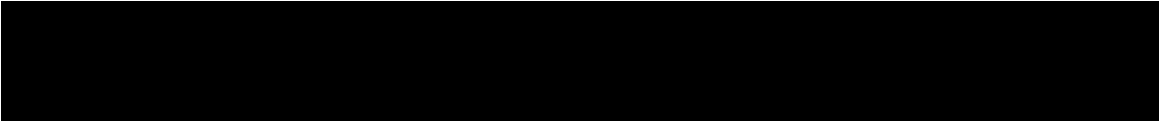
# Research Evaluates Effectiveness and Public Support for Medicinal Mushrooms

For immediate release  
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Galloway, N.J. — Psilocybin has been shown to effectively reduce depression and anxiety and a slim majority of New Jersey residents approve legalizing this type of treatment, according to research released today by the William J. Hughes Center for Public Policy at Stockton University. Psilocybin is the psychoactive compound in magic mushrooms.

The research was conducted by Stockton Professor of Psychology and Hughes Center Faculty Associate Justin Ostrofsky and his team of student researchers, Shayla Nagle, Morgan Seidman and Katherine Wilkinson.

In addition to examining existing clinical studies to evaluate the effectiveness and safety of using psilocybin to treat mental health disorders, they also analyzed the results of an original Hughes Center poll of more than 600 New Jersey residents to gauge public support for legalizing such treatment.



use of psilocybin in



New Jersey on variables of age, race, education level and sex. The poll's margin of error is +/- 4.0 percentage points at a 95% confidence level. MOE is higher for subsets.

#### About the Hughes Center

The William J. Hughes Center for Public Policy at Stockton University serves as a catalyst for research, analysis and innovative policy solutions on the economic, social and cultural issues facing New Jersey, and promotes the civic life of New Jersey through engagement, education and research. The center is named for the late William J. Hughes, whose distinguished career includes service in the U.S. House of Representatives, Ambassador to Panama and as a Distinguished Visiting Professor at Stockton. The Hughes Center can be found on YouTube, and can be followed on Facebook @StocktonHughesCenter and X @hughescenter.

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